

**Health Career Connection
Internship Case Study**

Please contact jjain@healthcareers.org if you have any questions.

About You	
1. Name	Aiyana Armijo
2. College	San Francisco State University
3. Year in School	1 st year Graduate Student
4. Major	MSW (Masters in Social Work)
5. Career Objective	Secretary of Health and Human Resources or a Hospital Administrator

About the Host Organization	
6. Organization Name	California Health Care Safety Net Institute (SNI)
7. Department	Affiliate of the California Association of Public Hospitals (CAPH)
8. City	Oakland, CA

About the Internship	
9. Learning Objectives	<ol style="list-style-type: none"> 1.) Familiarize myself with the California Health Care Safety Net Institute (SNI), its staff, member hospitals, projects and role within public hospitals and the greater community. 2.) Experience and evaluate SNI's mission statement of resurrecting efficiency within Public Hospitals and health systems. 3.) Learn how to conduct research, organize information, and extract data from evaluations and sources for reports and grants 4.) Main Projects: Writing Grants/Reports to continue funding of our projects.
10. Major Project Description	<p>My main project at SNI was to write project reports and request for proposals (RFP's) to continue funding of our grants and to request funding in the future. This is an important aspect of SNI, a leader in research and funding for the 22 public hospitals in California. The safety net institutions depend on SNI and its affiliate CAPH for funding in order to carry out advance technologies and implement efficient methods of care, all to improve the quality of care for patients. Although these reports seemed tedious and insignificant at first, their importance settled in as I connected their benefits to improvements and greater efficiencies in care. Below are my three main projects:</p> <ol style="list-style-type: none"> 1.) Kaiser Permanente Southern California Status Report 2.) Phase II of Model Policies and Procedures 3.) Chronic Care Learning Communities 13 Month Interim Report
11. Minor Project Description	<p>Kaiser Permanente Status Report</p> <ul style="list-style-type: none"> ▪ In order to report accurately on the capacity grant projects of each of the CAPH member hospital grantees, I collected information on the CAPH member hospital grantees from southern California by researching on each hospitals project, attending meetings, and conducting phone interviews with hospital team leaders. ▪ From the information, I compiled a description of each hospital grantee and wrote up a status report that included the following sections: 1.) Partnerships Background, 2.) About Capacity Building Grants, 3.) Achieved Outcomes and Activities, 4.) Capacity Building Grant Recipients, 5.) Expenditure of Funds and 6.) Attachments. ▪ Gathered appropriate attachments to finalize the report. ▪ Mailed the report to Kaiser Permanente Southern California. <p>Phase II of Model Policies and Procedures</p> <ul style="list-style-type: none"> ▪ Research each member hospital's language access methods.

	<ul style="list-style-type: none"> ▪ Draft a summary of each member hospital’s status on language access, which will be used for the Phase II of the Model Policy and Procedures proposal ▪ Collected information from a variety of sources (websites, meetings, printed documents, email conversations and phone interviews.) ▪ Finalized the Language Access Proposal II ▪ Submit it to Paras and Associates for review <p>CCLC 12 Month Interim Report</p> <ul style="list-style-type: none"> ▪ Researched the collaborative and all its activities and participants ▪ Gathered appropriate attachments such as meeting agendas, minutes, and report assessments. ▪ Calculated expenditures and balances for the budget ▪ Organized Report Assessments of each team ▪ Wrote the narrative which included descriptions on the background of the collaborative process, the collaborative teams, the collaborative planning/leadership group, learning activities and action period activities.
12. Typical Day	<ul style="list-style-type: none"> ▪ Check voice messages and emails and respond. ▪ Check in with Preceptor and other staff ▪ Help out with additional tasks from other staff ▪ Complete my projects ▪ Sit in meetings and take minutes ▪ Participate in conference calls
13. Benefits of HCC Workshops	<p>Career Planning</p> <ul style="list-style-type: none"> ▪ Networking ▪ Meeting HCC Staff <p>Greenlining Institute</p> <ul style="list-style-type: none"> ▪ Learning about community resources ▪ Motivation to continue work in the health field
14. Internship’s Connection to Career/Academic Goals	Since I have already been accepted to graduate school and am attending graduate school, I was just motivated even more to continue.
15. Long-Term Benefits of Experience	Confirmed my passion in working in the health field especially with a focus in policy and management.
16. Suggestions for Future Intern	<ol style="list-style-type: none"> 1.) Be honest 2.) Communicate with your preceptor 3.) Work efficiently 4.) Be flexible 5.) Time management
17. Comments	I learned many valuable lessons in working in the professional world,

	<p>and about the greater good of the public hospital system aside from all the stereotypes attached with these institutions. Public hospitals are a major resource to the indigent population that is being stripped away by budget cuts and privatization. These institutions are worth resurrecting because EVERYONE whether rich or poor, insured or uninsured, English speaking or not DESERVES health care. Thank you for the opportunity to link academia to hands on work in the health field. It has broadened my perspective of the field of public health and encouraged me to further my study in this field.</p>
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